

УДК: 614.253.52.614.2

NEFTNI QAYTA ISHLASH ZAVODI HUDUDIDA YASHOVCHI AHOLINING SALOMATLIK KO'RSATKICHLARINI BAHOLASH

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Annotatsiya: *Havoning ifloslanishi jamoalarning sog'lig'iga salbiy ta'sir ko'rsatishi va turli simptomlar ko'rinishida namoyon bo'lishi mumkin. Ushbu tadqiqot O'zbekiston Respublikasi hududida joylashgan neftni qayta ishlash zavodi yaqinida yashovchi aholining salomatligini baholashga qaratilgan.*

Kalit so'zlar: *Mehnat gigiyenasi, salomatlik, neftni qayta ishlash zavodi, teri kasalliklari*

ОЦЕНКА САНИТАРНО-ГИГИЕНИЧЕСКИХ ПОКАЗАТЕЛЕЙ ЗДОРОВЬЯ НАСЕЛЕНИЯ, ПРОЖИВАЮЩЕГО В РАЙОНЕ НЕФТЕПЕРЕРАБАТЫВАЮЩЕГО ЗАВОДА

Аннотация: *Загрязнение воздуха может негативно влиять на здоровье населения и проявляться в виде различных симптомов. Данное исследование направлено на оценку симптомов здоровья населения, проживающего вблизи нефтеперерабатывающего завода в Узбекистане.*

Ключевые слова: *показатели здоровья, нефтеперерабатывающий завод, кожные заболевания.*

HYGIENIC ASSESSMENT OF HEALTH INDICATORS OF THE POPULATION LIVING IN THE AREA OF AN OIL REFINERY

Abstract: *Air pollution can negatively affect the health of the population and manifest itself in various symptoms. This study aims to assess health symptoms of the population living near an oil refinery in Uzbekistan.*

Keywords: *health indicators, oil refinery, skin diseases.*

KIRISH:

Neftni qayta ishlash faoliyati doimiy ravishda havoga ifloslantiruvchi moddalarni chiqarib, salomatlikka o`zining salbiy ta'sirini ko'rsatadi. Italiyada o'tkazilgan tadqiqotlarga ko'ra, neftni qayta ishlash zavodlaridan chiqadigan oltingugurt dioksidi (SO₂) o'pka funksiyasining pasayishi va yuqori nafas yo'llarining yallig'lanishi bilan

bog'liq. Oltinugurt dioksidi bolalar orasida o'tkir va surunkali astma ko'payishiga ham ta'sir ko'rsatadi. Boshqa tadqiqotlar natijasida, bu yerda yashash, homiladorlik natijalariga ham salbiy ta'sir ko'rsatishi aniqlandi. Sharqiy O'rta yer dengizi mamlakatlarida, turli ichki va tashqi havo ifloslantiruvchi moddalarga bog'liq salbiy salomatlik natijalari mavjud. Buxoroda havo ifloslanishi homiladorlik natijalariga salbiy ta'sir ko'rsatishi aniqlangan.

Yuqarida keltirilgan ma'lumotlardan kelib chiqib, neft va kimyo zavodlari yaqinida yashashning salomatlikka salbiy ta'siri borligi aniq. Atmosfera havosining ifloslanishi salbiy sog'liq ta'sirining yagona manbai emas. Stress va zavod yaqinida yashash bilan bog'liq hayot sifatini bir necha tadqiqotlarda baholagan. Ushbu kasallikning ta'siri bevosita va qo'shimcha ravishda mahalliy tartibsizlik va shaxsiy kuchsizlik haqidagi hissiyotlar orqali namoyon bo'ladi, bu ta'sir ishchilar va kambag'allarda ko'proq, boylar bilan solishtirganda kuchliroq bo'ladi. Havo ifloslanishi, chiqindilar va hidlar kabi atrof-muhit stressorlari ham neftni qayta ishlash zavodiga yaqin yashovchilarni psixo-sotsial stressga olib kelishi mumkin. Shuningdek, saraton kasalligi neftni qayta ishlash zavodi yaqinida yashash bilan bog'liq, lekin natijalar doimiy emas.

Yaqin Sharqdan neftni qayta ishlash zavodi yaqinida yashovchilarning sog'liq ta'siri bo'yicha cheklangan ma'lumotlar mavjud. Neftni qayta ishlash zavodi yoqilg'i yonish jarayonlari orqali havo ifloslantiruvchi moddalarni ishlab chiqaradi, ayniqsa, chiqarilayotgan oltinugurt dioksidi, azot oksidlari, uglerod oksidi va vodorod sulfidi. Ushbu tadqiqot neftni qayta ishlash zavodi yaqinida yashovchi aholi orasida sog'liq holati va sog'liq haqidagi tasavvurlarni boshqa, ushbu hududdan uzoq joylashgan shahar bilan solishtirishni maqsad qilgan.

Materiallar va metodlar:

Kross-sektsional so'rov tadqiqoti Qoravulbazar shahrida (zavod joylashgan joyda) qulay tasodifiy tanlov orqali o'tkazildi. Tadqiqotda jami 486 ishtirokchi jalb qilindi. Ma'lumotlar tekshirilib, kodlanib, Excel jadvallariga kiritilib, keyingi tahlil uchun SPSS dasturiga eksport qilindi. Bog'liq omillarni aniqlash uchun ikkilik va ko'p o'zgaruvchan logistika regressiyasi ishlatildi. $P \leq 0.25$ bo'lgan o'zgaruvchilar ko'p o'zgaruvchan logistika regressiyasiga moslashtirildi. Statistika ahamiyati uchun P qiymati < 0.05 hisobga olindi. Tadqiqot Qoravulbozar shahrining aholisi orasida olib borildi (neftni qayta ishlash zavodidan taxminan 1 km uzoqlikda).

Kiliniq ta'riflar:

Qayt qilish: Kuniga 4-6 marta bo'lgan, qattiq yo'tal bilan kuzatilgan.

Balg'am: Kuniga ikki marta balg'am ko'chgan.

Astma, teri kasalliklari, abortlar, surunkali kasalliklar: Tasdiqlangan diagnoz va/yoki davolanish.

Natijalar:

Tadqiqotda 486 ta to'g'ri ehtimoliy ishtirokchilar qatnashdi. Ishtirokchilarning 40% ($n = 195$) erkaklar va 60% ($n = 291$) ayollardir. Tadqiqot aholisining ijtimoiy-

demografik xususiyatlari natijalarda keltirilgan, bu aholi nisbatan yosh, daromadi past va o'rta ta'limga ega.

Xulosa:

Ushbu tadqiqot natijalari o'rganilgan mahalliy jamoalar o'rtasida sog'liq natijalarida muhim farqlarni ko'rsatadi. Neftni qayta ishlash zavodiga yaqin yashash aholining sog'lig'iga salbiy ta'sir ko'rsatishi mumkin, jumladan, nafas olish muammolari, abortlar, teri kasalliklari, saraton va yomon sog'liqni his qilish. Aholining neftni qayta ishlash zavodi sog'lig'iga ta'sirini his qilish va bolalarining sog'lig'i ularning tasavvurlari va haqiqiy zavod chiqindilari bilan bog'liq. Shuning uchun hukumatlar aholi yashaydigan joylar yaqinida neftni qayta ishlash zavodlarini qurishga qat'iy siyosatlarini qabul qilishi lozim, ammo eng yaxshi yondashuv va siyosat neft sanoatini uzoq va aholisiz hududlarda qurishdir. Shu bilan birga, bunday hududlarda turli havo ifloslantiruvchi moddalar bo'yicha standartlashtirilgan ishonchli baholar amalga oshirilishi va jamoatchilikka taqdim etilishi kerak. Strategiyalar neft muassasalaridan chiqindilarni nazorat qilishga qaratilishi, sanoat joylarida va qo'shni aholi uylarida filtrlar o'rnatilishi kerak. Keyingi tadqiqotlar, chiqindilar darajasini o'lchash va klinik natijalarni qayd etish uchun uzun muddatli tadqiqotlarni o'z ichiga olishi tavsiya etiladi.

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