

THE IMPORTANCE OF SELF-STUDYING IN LEARNING ENGLISH

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What is self-study?

Self-studying is a learning method where students direct their own studying—outside the classroom and without direct supervision. Since students are able to take control of what (and how) they are learning, self-study can be a very valuable way for many students to learn.

Self-study skills have evolved as a result of the abundance of learning resources available online. You can learn what you want, when you want, and how you want with self-learning. You have the power to direct the learning process, which is more successful than traditional and instructional learning.

Children gain crucial confidence and self-motivation when they begin to take responsibility for their learning and experience success. This can help children appreciate a wider range of subjects in school while also preparing them for success in the workplace later on.

1. Learn at Your Own Pace

Students learn at their own speed during self-study, focusing more on subjects that interest them or those they understand better. This helps pupils deal with feelings of frustration, fear, or boredom that they may experience in the classroom.

2. You learn how to manage your time and priorities.

Self-studying requires you to thoughtfully plan ahead when it comes to your learning and in order to make it work, you need to know how to manage your time and prioritise. This type of learning is more self-directed and less reliant on having the guidance of someone else to do the work.

Self-studying provides the opportunity for you to be self-motivated and persistent, helping you own your autonomy when it comes to your studies. For some, this may be difficult to do so the assistance of productivity apps could be useful.

3. Flexibility

We all value flexibility in life.

If you're juggling work, family, and life, committing to attend a structured course that meets five times a week may be tough.

Maybe you naturally learn better in the afternoon than in the morning (or vice versa).

Maybe you prefer reading to educate yourself rather than pursuing an online course or watching videos.

Self-learning allows you to select resources that work best for you and pace your learning to suit your requirements and schedule.

Self-study tips

1. Set a Realistic Goal:

A relaxed attitude and disappointment might result from having unachievable ambitions. Making self-study habits requires setting a realistic goal that works with your activities. Setting

out time to read a chapter each day, for instance, can help you plan and establish a target for achievement. You can determine your workload by defining goals. And how to rearrange your routine to relieve stress. It allows you to take a mental break so that you can learn things properly.

2. Study In a Different Way:

It might be boring and harmful to your learning and productivity to read the same textbooks over and over again. However, including numerous teaching methods in your learning stimulates various brain regions and increases brain activity for better studying. You can use a range of technologies to enhance your learning and increase productivity in the modern digital age. You can explore online learning resources like eBooks, test series, and video tutorials in addition to reading class notes and textbooks to expand your knowledge.

3. Self-Realization:

If you are able to self-realize, you can better understand what you have studied in school and what subjects interest you. You'll be inspired to put in extra effort to learn more and keep up with what you're studying in a school in Bangalore.

4. Study Different Subjects:

Instead of concentrating on a single subject or chapter, you can study several subjects in one day. Consider that your curriculum includes a variety of courses, such as science, math, social science, English, Hindi, and computers. In schools in Bangalore, It is preferable to study two or three subjects per day rather than one subject per week in order to increase productivity in each subject.

You risk neglecting other subjects if you devote a week to one. Furthermore, you can grow bored and eventually lose interest in the subject.

5. Make Notes Every day:

The best approach to remembering information is to take notes. It enables the student's brain to take in and retain the knowledge they collect while studying. Make handwritten notes as soon as you finish reading a topic or chapter. By doing this, you can quickly refer back to that note when you forget a subject and retain information. You can do this to increase the clarity and depth of your comprehension of particular subjects.

Self-studying is a useful tool to enhance any learning experience, and when mastered, students young and old reap the benefits. Whether applied to studying for an AP exam or exploring new material independently due to sheer curiosity, self-studying can lead to new opportunities academically and professionally. Remember to utilize the world around you! Technology has put knowledge at your fingertips, so take advantage of all the easily accessible and low-cost tools at your disposal.

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